

Teen Parenting

Virginia Beall Ball Library Bibliography

[Teen Dads: Rights, Responsibilities, and Joys](#)

By Jeanne Warren Lindsay

This helpful guide offers useful tips to teen dads who want to improve their parenting skills, with an emphasis on dealing with children from birth to the age of three.



[Life Interrupted: The Scoop on Being a Young Mom](#)

By Tricia Goyer

Sharing stories from her own experience as a teenage mom and from other young mothers, author Tricia Goyer offers ways for young teen mothers to meet nine basic needs that all young moms have.



[The First Years Last Forever](#)

Produced by I Am Your Child Foundation

This introductory DVD program for new parents offers an overview of the importance of bonding, communication, health, nutrition, and child care; while helping new parents learn how to help their infants reach their full potential.



[Your Healthy Baby](#)

Produced by I Am Your Child Foundation

This DVD program discusses children's changing health and nutritional needs as they grow. It provides useful information on prenatal care, breastfeeding, visiting a pediatrician, nutrition, and exercise.



[How I Learn: Ages & Stages of Child Development](#)

Produced by Learning ZoneXpress

Hosted by a teen childcare worker, this DVD documentary examines the physical, social, emotional, and intellectual growth and development of children from age birth through age eight years.

